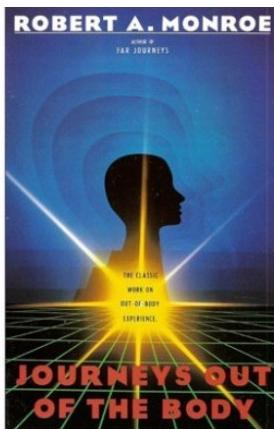


(TMI Newsletter – August 8, 2012)

THE TRUTH IS NEVER TOO LATE TO LEARN

Myth Busting Begins at Home



One of the stories we've always believed at TMI is that Bob Monroe coined the term, "out-of-body-experience." Not so. When an Institute friend recently challenged that story, we dug into it.

During the early days of Bob's investigations he met and formed a lifelong friendship with Charles Tart, PhD,

"an American psychologist and parapsychologist known for his psychological work on the nature of

consciousness (particularly altered states of consciousness), as one of the founders of the field of transpersonal psychology, and for his research in scientific parapsychology."

It was "Charley" who encouraged Bob to publish his early journal writings, which became ***Journeys Out of the Body***.

To clear up the mystery of who invented the OBE term we approached Charley. He confirmed that it was not Bob, but neither was it Charley himself.

Wikipedia claims, *The term out-of-body experience was introduced in 1943 by George N. M. Tyrrell in his book Apparitions. and adopted by, for example, Celia Green and Robert Monroe as a bias-free alternative to belief-centric labels such as "astral projection," "soul travel," or "spirit walking."*